



*Good News of Grace*  
 Grace Lutheran Church  
 Green Bay, Wisconsin  
 December 12, 2018

*We celebrate Christ,  
 teach Christ,  
 witness to Christ,  
 and care for others  
 as though they are Christ.*



**THANK YOU FOR BEV  
 LARSEN, PARISH  
 HEALTH MINISTRIES  
 COORDINATOR!**

We have been very blessed by the ministry of Bev Larsen, our Parish Health

Ministries Coordinator.

So it's with great sadness that we announce her retirement after serving at Grace for 12 years.

Bev has been an awesome partner in our hospital visitation ministry, our illness and surgery follow-up ministry, and our ministry to homebound members. We're very grateful that she's continuing to volunteer in our homebound ministry.

Bev has also worked with several health ministry related projects including the Health Cabinet Committee, flu shot clinics,

Sunday blood pressure screening, and writing and requesting newsletter articles from members of Grace on various health-related topics.

Bev's initiative and friendliness has, finally, been a tremendous gift to the Young at Heart senior meals and fellowship ministry over the years, bringing us great community speakers and fun stories and quizzes to get our meals together started out right.

As a way of showing our appreciation for Bev's ministry, two receptions are planned in her honor: one after the Saturday evening service on January 5 (about 6:00 p.m.) and the other between worship services on Sunday, January 6. If you're unable to attend these receptions, please make it a point to thank Bev individually.

Thank you, again, Bev, for many years of wonderful ministry at Grace!

*Pastors Larry and Julie*

*Guide to the Good News:*

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**DEADLINE FOR THE NEXT GOOD NEWS OF GRACE:** The next "Good News of Grace" will be sent out the week of December 31. Please have articles in to the Church Office by 12:00 noon Friday, **December 28.**



**PREPARATION FOR WORSHIP**

**Saturday, December 15, 5:00 pm and  
Sunday, December 16, 8:00 & 10:30 am**  
Third Sunday in Advent

**Events:**  
Saturday-Chancel Choir  
8:00-Worship Band  
10:30-Sunday School Christmas Worship & Chimes  
**Readings:** Zephaniah 3:14-20, Isaiah 12:2-6, Philippians 4:4-7, Luke 3:7-18

**Saturday, December 22, 5:00 pm and  
Sunday, December 23, 8:00 & 10:30 am**  
Fourth Sunday in Advent  
**Readings:** Micah 5:2-5a, Luke 1:46b-55  
Hebrews 10:5-10, Luke 1:39-45 [46-55]

**CHRISTMAS EVE, DECEMBER 24  
4:00, 6:00 & 10:00 PM**  
**Readings:** Isaiah 9:2-7, Psalm 96, Titus 2:11-14, Luke 2:1-14 [15-20]

**CHRISTMAS DAY, DECEMBER 25  
9:30 AM**  
**Readings:** Isaiah 62:6-12, Psalm 97, Titus 3:4-7, Luke 2:[1-7] 8-20


**Saturday, December 29, 5:00 pm and  
Sunday, December 30, 8:00 & 10:30 am**  
First Sunday of Christmas  
**Events:**  
Healing Service and Hymn Sing  
**Readings:** 1 Samuel 2:18-20, 26, Psalm 148, Colossians 3:12-17, Luke 2:41-52

**A FUNERAL SERVICE WAS HELD:**

- for Rev. Bruce Pangborn on December 11, 2018.

*"I am the resurrection and the life," says the Lord.*

**POINSETTIAS**



If you would like to purchase a poinsettia in honor or memory of a loved one, please fill out this order blank and either drop it in the offering, bring it to the Church Office or mail it to Grace Lutheran Church, 321 S. Madison St., Green Bay, WI 54301 along with \$12.00. The small profit made from the poinsettia sale will go towards additional decorations for the church.

I WISH TO: PURCHASE A POINSETTIA (which includes additional decorations)

In memory of: \_\_\_\_\_

\_\_\_\_\_

In honor of: \_\_\_\_\_

\_\_\_\_\_

From: \_\_\_\_\_

Please enclose \$12.00. The deadline is Sunday, December 16.

Poinsettias can be taken home anytime after the 9:30 a.m. Worship Service on Tuesday, **December 25**. Thank you.

**WE GRATEFULLY ACKNOWLEDGE THE RECEIPT OF A GIFT TO:**

- Grace Lutheran in memory of Ronald Marler by family and friends.

**WORSHIP TIMES**

Saturday at 5:00 pm and  
Sunday at 8:00 & 10:30 am

**CHRISTMAS WORSHIP TIMES:**  
Monday, December 24, **Christmas Eve:**  
4:00, 6:00 & 10:00 pm

Tuesday, December 25, **Christmas Day:**  
9:30 am

**Sat. Dec. 29 at 5:00 &  
Sun., Dec. 30 at 8:00 & 10:30 am**  
Healing Worship and Hymn Sing

Our Worship is Broadcast on Radio 1400AM at 8:00 a.m.



**STUMP THE  
PASTOR!**

**Sunday Buzz December 16**  
Pining away over a question in the bible?  
Need **clear cut** answers?  
**Woodn't** you like to stump Pastor Larry?

Drop your questions in the Buzz Church Suggestion Box or have one ready on the 16<sup>th</sup>!

# CONGREGATION NEWS

**A NEW MEMBER CLASS** has been scheduled for Saturday, January 5, from 9:00 a.m. – 12 noon. If you are interested in learning more about membership at Grace, please contact Pastor Julie at (432-0308) or [pastorjulie@gracegb.org](mailto:pastorjulie@gracegb.org)

**THE MISSION ENDOWMENT FUND**  
A number of years ago our congregation approved the establishment of The Mission Endowment Fund. Since that time members have through personal gifts and estate planning contributed money to the fund. The annual proceeds from this endowment are used exclusively for outreach ministry. A total of six thousand dollars was given in

- 2018 to the following organizations/ ministries:
- \$2000.00 AMMPARO - Accompanying Migrant Minors with Protections, Advocacy, Representation and Opportunities (A Ministry of the ELCA)
  - \$2000.00 Grace Lutheran Church Food Pantry
  - \$600.00 Casa Alba Melanie - providing education, links to community services, legal information and other resources to our Spanish speaking neighbors
  - \$500.00 NEW Community Shelter
  - \$500.00 St. John's Homeless Shelter
  - \$400.00 Trinity Lutheran Church Work Camp - an annual summer program in cooperation with Youth Works that assists elderly members of our community with home repair

Thank you for your contributions!



*From Bev Larsen, Health Ministries  
Coordinator*



Last month's health article dealt with depression, so this month's article will focus on two other mental health issues: bipolar and schizophrenia

**Bipolar disorder** may affect as many as 60 million people around the world. More than half of the people diagnosed as bipolar have symptoms when they are between ages 15-25, but it may occur in younger people. There is no cure for bipolar disorder, but it can be controlled with medication.

Bipolar indicates that a person may go from mania (high) which is a feeling of euphoria to depression (low) or a feeling of helplessness. These episodes mark a change from the way a person normally acts.

Some symptoms of the "highs" could include abnormal excitement; rapid or excessive talking; not sleeping much, but still having plenty of energy; agitated; or irritability. Some symptoms of the "lows" could include no trust in previous important things; loss of energy; difficulty concentrating; not eating enough or eating too much; sleeping too much or not getting enough sleep; and thoughts of death or suicide.

Children can also be depressed with the same symptoms as adults. Their mood may be more of irritability than sadness. A child may complain of headaches or stomachache when no physical cause can be found. The symptoms in children may be misdiagnosed as attention deficit/hypersensitivity disorder or ADHD. It is quite common that ADHD and bipolar can occur at the same time.

Treatment for bipolar disorder helps to diminish the severity and frequency of the episodes. Medication is helpful, but it is very important to work closely with a therapist. The therapist can help to replace the harmful thoughts with positive behaviors.

**Schizophrenia** is a chronic and severe mental disorder that affects how a person thinks, feels, and behaves. These people seem

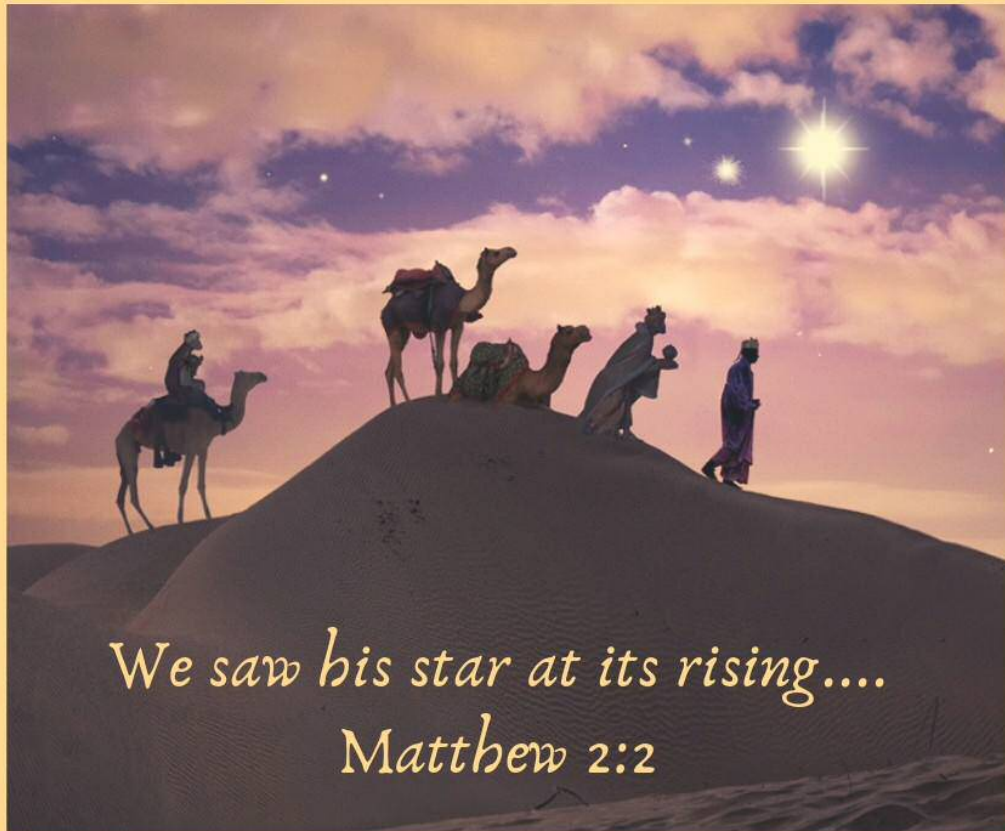
to have lost touch with reality. Schizophrenia is not as common as other mental disorders, but it can be very disabling.

The symptoms of schizophrenia usually occur between the ages of 16-30, but children may also be affected. There are three categories of schizophrenia: positive, negative, and cognitive. Positive schizophrenia symptoms are psychotic behaviors not seen in healthy people. They include hallucinations, delusions, and thought or movement disorders. Negative schizophrenia symptoms are associated with disruptions to normal emotions or behaviors. They may include flat affect (reduced expression of emotions); lack of pleasurable feelings in life; difficulty beginning and staying with an activity; and reduced speaking. Cognitive symptoms may be subtle, but for others may be severe. These patients may notice changes in their memory or aspects of their thinking. Some symptoms may include the inability to understand information and how to use it to make a decision; trouble paying attention; and problems with the ability to use the information immediately after learning it.

Scientists know that schizophrenia occurs in families. Although there are families that don't have a member with the disorder or there may be families that have more than one member with the disorder. Scientists also believe that there may be different genes that cause the risk of schizophrenia, but not one single gene is the cause. It is not possible to use genetics to predict if someone will develop schizophrenia.

Because the cause of schizophrenia is unknown, the physician will focus on the symptoms. There are several things the physician may try. Medications such as antipsychotics may be prescribed. These medications may come as a pill, liquid, or an injection which is given one or two times a month. Psychological treatments may also be included. After a medication is found to be beneficial, then a psychological treatment is started. During this type of treatment, the patient learns to use coping skills to help them in life. Patients who participate in some sort of program are less likely to relapse.

# Christmas at Grace



*We saw his star at its rising....  
Matthew 2:2*

## **Christmas Eve Worship Services**

*with a visit with one of the magi....*

4:00 pm Special Music: Chancel Bells

6:00 pm Communion, Special Music: Katie Lange

10:00 pm Special Music: Chancel Choir & Harpist

## **Christmas Morning Worship**



9:30 am Communion, Special Music: Katie Lange



**Saturday and Sunday, December 29 and 30:  
Christmas Hymn Sing, Healing Service, Communion**

# JANUARY 2019

For Room Numbers see "Today at Grace" on the monitor in the Lobby.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 6:30-Confirmation Family Fellowship	3 5:30-Hymn Picking 6:30-Chancel Choir	4 9:00-Food Pantry	5 8:00-Education Board Vision Mtg. 9:00-New Member Class 5:00-Worship 5:45-Fair Trade Coffee & Tea Sale
6 8:00&10:30-Worship 9:00-Fair Trade Coffee/Tea Sale 9:00-Coffee Hour 9:15-Sunday School 9:15-Sunday Buzz 9:15-Adult Ed. 9:15-BC 9:15-Holy Donuts	7	8 9:15-Sarah Circle 1:00-Food Pantry 6:00-Bd. Education 6:30-Bd. Personal Growth 6:30-Bd. Structures & Grounds	9 5:30-Meal 6:15-Seeing God's Word 6:30-Confirmation 6:45-Chimes	10 6:30-Chancel Choir	11 9:00-Food Pantry 6:30-Lock-in 12:00-"Young at Heart" Lunch	12 8:00-Men's Bible Study 12:00-Lock-in 4:30-New Com. Shelter Meal 5:00-Worship
13 8:00&10:30-Worship 9:00-Coffee Hour 9:15-Sunday School 9:15-Sunday Buzz 9:15-Adult Ed. 9:15-BC 9:15-Holy Donuts	14 4:30-Chancel Bells 6:30-Health Cabinet	15 10:30-Women's Bible Study 1:00-Food Pantry 6:30-Bd. Stewardship 6:30-Bd. Celebration	16 5:30-Meal 6:15-Seeing God's Word 6:30-Confirmation 6:45-Chimes	17 8:30-Mission Sewing 6:30-Chancel Choir 6:30-Curriculum Com. Mtg.	18 9:00-Food Pantry	19 9:00-Worship Band Reh. 5:00-Worship
20 8:00&10:30-Worship 10:30-Worship Band 9:00-Coffee Hour 9:15-Sunday School 9:15-Sunday Buzz 9:15-Adult Ed. 9:15-BC 9:15-Holy Donuts	21 4:30-Chancel Bells 7:00-Rev. Martin Luther King Jr. Service at Trinity	22 1:00-Food Pantry 6:30-Council Mtg.	23 5:30-Meal 6:15-Seeing God's Word 6:30-Confirmation 6:45-Chimes 7:30-Group Guides	24 6:30-Chancel Choir	25 9:00-Food Pantry	26 8:00-Men's Bible Study 9:00-Breakfast for Musicians 10:00-Pastor Rebecca 5:00-Worship
27 8:00&10:30-Worship <b>9:15-ANNUAL MTG.</b> 10:30-Youth Band 9:00-Coffee Hour 9:15-Sunday School 9:15-Holy Donuts	28 4:30-Chancel Bells	29 1:00-Food Pantry	30 5:30-Meal 6:15-Seeing God's Word 6:30-Confirmation 6:45-Chimes	31 6:30-Chancel Choir 6:30-Personnel Com.		

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**FIRST COMMUNION CLASS**

preparation for 5<sup>th</sup> grade students (accompanied by a parent) or older students (accompanied by a parent) who

haven't yet attended class will be held on EITHER Saturday, January 12 OR January 19 from 8:30 a.m. to 12 noon. Please contact Pastor Julie (pastorjulie@gracegb.org) if you would like to register your child for the class.

**Advent  
for Busy Lutherans**

*A PAUSE THAT REFRESHES*

Explore the Gospel text while you prepare for Christ at Christmas



**Sunday between Services**  
9:15 to 10:15 in the dining room

These Daily Studies can be found on our Website [www.gracegb.org](http://www.gracegb.org)

**A THANK YOU TO GRACE**

**“GIVE A KID A BOOK”**

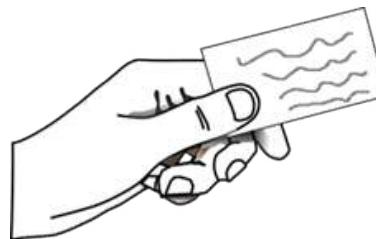
Thank you to members of Grace who participated in the “Give a Kid a Book” campaign for Brown County families. 51 books were collected and shared!



**FROM THE PARISH ADMINISTRATOR**

General Fund - November 30, 2018

Year-to-date budget	\$ 255,570
Year-to-date actual income	\$ 248,889
Year-to-date actual expenses	\$ 241,789



**YEAR-END OFFERING**

According to IRS rules, in order for year-end offering to be counted as a 2018 contribution

for tax purposes, your offering must be placed in the offering plate or delivered to the church office by Sunday, December 31 - OR- postmarked in 2018. Offerings that are postmarked in 2019 cannot be included in 2018 contributions, even if the check is dated 2018.

As always, feel free to contact Sharon if you have any questions: [admin@gracegb.org](mailto:admin@gracegb.org) or 432-0308.

# EDUCATION CONT'D.

It's time for our  
**SUNDAY  
SCHOOL  
CHRISTMAS  
PROGRAM!**  
featuring one  
GIANT Christmas angel!

**SUNDAY, DECEMBER 16, 10:30**

"When the Wise Men saw that the star had stopped,  
they were overwhelmed with joy."

# VOLUNTEER OPPORTUNITIES

## **5 MEMBERS FOR THE BOARD OF STEWARDSHIP NEEDED.**

This board conducts stewardship education events throughout the year. There is no personal calling or contacting of congregational members during stewardship drives.

**Date(s) & Times(s)** – The board meets on the 3rd Tuesday of the month at 6:30 p.m. 2 year term, 11 meetings, tasks related to projects. Contact Pastor Julie for further information.

## **MEMBERS OF THE BOARD OF EDUCATION NEEDED.**

- The Board would love to welcome 3 new faces!
- If you have a love for learning and a desire to help guide the educational offerings for all ages at Grace, please consider joining.
- If you have questions please inquire with Pastor Larry, Lisa Willi, or any Board member.
- If you'd like to "try it out" consider attending one of our meetings, the 2<sup>nd</sup> Tuesday each month at 6:00 p.m.

## **MEMBERS FOR A VACATION BIBLE SCHOOL COMMITTEE NEEDED.**

- The Committee will begin meeting in December or January.
- The Committee will recommend dates and curriculum to the Board and organize up to three one day VBS events for the summer of 2019.
- The Committee will meet once a month, possibly more in summer.
- If anyone is interested in being part of this committee please contact Pam Anderson, Kathy Poels, or Pastor Larry.

## **1 MEMBER OF THE BOARD OF OUTREACH NEEDED.**

This board provides opportunities to the members of the congregation to become informed of, to develop an understanding of, and to respond to the needs of the world in which they live. Through their work the Board of Outreach involves members of Grace in local and international social ministry projects.

**Date(s) & Times(s)** – The Board meets on the 1st Tuesday of the month at 6:30 p.m. 2 year term, 11 meetings, tasks related to projects. Contact Pastor Julie for further information.



# WORSHIP MINISTER SCHEDULE

## SUN., DECEMBER 16, 8:00 & 10:30 AM

Lector & Com. Assist. 8:00 - Reni Krafft, L  
Mildred Watermolen,  
Phyllis Seidl, Byron Froelich, CA  
10:30 - Josh Moyer, L&CA,  
Bern Jacobson, Bob Mead, CA

Altar Guild: 8:00 - Sharon Paplham, Clarica  
Erickson, Lydia Santana,  
April Neuville  
10:30 - Judy Swaer, Carla Brawner,  
Jean Lotter, Marsha Schroeder,  
Lexi Volk, Carter Thompson

Acolytes: 8:00 - Ryan Davidson, Jake Jazgar  
10:30 - Jake Eggert, Tyler Ness

Ushers: 8:00 - Amy & Matt Vanko, Ty &  
Diane Pyan, Ethan Swim  
10:30 - Robert Goelz, Jim Poels,  
Robin Powell, Regan Mertens

Accompanist: Denise Zenko

Greeters: 10:30 - Dana, Julia and Adrian Nava

Special Music: 8:00 - Worship Band  
10:30 - Chimes and  
Sunday School Students

## SAT., DECEMBER 22 - 5:00 PM

Ushers: Dave Branger, Margaret Nelson,  
Jeri Raab

Lector & CA: Karen Pangborn

Accompanist: John Kopp

## SUN., DECEMBER 23, 8:00 & 10:30 AM

Lector & Com. Assist.: 8:00 - Bob Wolslegel, L&CA  
Carol Wolslegel, Pam Bins, CA  
10:30 - Bern Jacobson, L&CA  
Dick & Gayle Schmeling, CA

Altar Guild: 8:00 - Linda & Dave Rabe, Debra  
LaHaye, April Swim, Sophia  
Mleziva  
10:30 - Diana Perrault, Susan  
Lambert-Tease, Sharon  
Lambert-Rademacher, Kathy  
Poels, Julia Nava, Jayd Winge

Acolytes: 8:00 - Hannah Willi, Joseph DeClerc  
10:30 - Jack Uslabar

Accompanist: John Kopp

Greeters: 8:00 - Lisa and Grace Herman  
10:30 - Dick & Gayle Schmeling

Special Music: 8:00 - Chancel Choir  
10:30 - Strings of Grace

## CHRISTMAS EVE, MON. DECEMBER 24

### 4:00 PM

Greeters: Paul & Helen Gubics

Ushers: Bill & Dee Kaehler, Bea Froelich,  
Byron Froelich, Ted & Barb Gloeckler,  
Pete Diemer

Acolyte: Kayla Miller  
Special Music: Chancel Bells  
Accompanist: Denise Zenko

### 6:00 PM

Lector & Com. Assist: Scott Ashmann, L&CA  
Dick & Gayle Schmeling, CA

Altar Guild: Lois & Russ Kopidlansky, Kitty Nagel

Ushers: Jim & Dorene LaViolette, Russ & Lois  
Kopidlansky, Janet Peterson, Charles  
DeClerc, Emily DeClerc

Acolyte: Gus Terrien, Reni Krafft

Greeters: Beanie Dahlke, Julie Dallaire

Special Music: Katie Lange

Accompanist: Denise Zenko

### 10:00 PM

Ushers: Doug & Kathy Nelson, Diane Charles,  
Mark Waggoner, Marty Taylor,  
Jackson Stollberg

Acolyte: Taylor Langhoff

Special Music: Chancel Choir and Harpist

Accompanist: Denise Zenko

## CHRISTMAS DAY, TUES. DECEMBER 25

Lector & Com. Assist.: Phyllis Seidl

Altar Guild: Dave & Linda Rabe

Ushers: The Paplham Team

Accompanist: Jason Pues

Special Music: Katie Lange

Acolyte: Ryan Davidson

## SAT., DECEMBER 29, 5:00 PM

### Healing Service & Hymn Sing

Ushers: Bev Larsen, Karen Pangborn

Lector & Com. Assist.: Jim Silha

Accompanist: Denise Zenko

Special Music: Rose and Elizabeth Schumacher and  
Denise Zenko

## SUN., DECEMBER 30, 8:00 & 10:30 AM

### Healing Service & Hymn Sing

Lector & Com. Assist.: 8:00 - Mildred Watermolen, L&CA  
Anne DeClerc, Cheryl Kollath, CA  
10:30 - Gayle Schmeling, L&CA  
Dick Schmeling, Kitty Nagel, CA

Ushers: 8:00 - Jim & Dorene LaViolette, Russ & Lois  
Kopidlansky, Janet Peterson, Charles  
DeClerc, Emily DeClerc  
10:30 - Doug & Kathy Nelson, Diane  
Charles, Mark Waggoner, Marty  
Taylor, Jackson Stollberg

Altar Guild: 8:00 - Linda & Dave Rabe, Debra  
LaHaye, April Swim, Sophia  
Mleziva  
10:30 - Diana Perrault, Susan  
Lambert-Tease, Sharon  
Lambert-Rademacher, Kathy  
Poels, Julia Nava, Jayd Winge

Acolytes: 8:00 - Jake Jazgar, Joseph DeClerc  
10:30 - Natasha VanDenack, Tyler Ness

Accompanist: Denise Zenko

Greeters: 8:00 - Bill & Dee Kaehler  
10:30 - Laurie Reinen, Anna Broeckel



# ACCESS TO GRACE

## GRACE LUTHERAN CHURCH

321 S. Madison St., Green Bay, WI 54301  
Phone: 920-432-0308 Fax: 920-437-5156  
www.gracegb.org office@gracegb.org  
"Grace Lutheran Church Green Bay"



### Worship Service Times:

#### Fall & Winter

Saturday at 5:00 p.m. with Holy Communion  
Sunday at 8:00 & 10:30 a.m. with Holy Communion

#### Memorial Day Weekend thru Labor Day Weekend

Thursday at 5:30 p.m. with Holy Communion  
Sunday at 8:00 & 10:00 a.m. with Holy Communion

**Christian Education** each Sunday from 9:15-10:15 a.m.

### Staff:

Pastor Larry Lange Res. Phone: 920-455-0511  
pastorlarry@gracegb.org

Pastor Julie Wrubbel-Lange Res. Phone: 920-455-0511  
pastorjulie@gracegb.org

Visitation Minister: Pastor Rebecca Proefrock  
Phone: 920-819-5482 rproefrock@yahoo.com

Health Ministries Coordinator: Bev Larsen,  
health@gracegb.org

Organist: Denise Zenko

Parish Administrator: Sharon Haapala, admin@gracegb.org

Parish Secretary: Ann Zehms, office@gracegb.org

Maintenance Supervisor: Dean Ahrens, grounds@gracegb.org

Choir Director: John Kopp

Chancel Bells Director: Pam Anderson

Children's Chime Choir Director: Lisa Willi

**OUR SUNDAY WORSHIP SERVICE IS BROADCAST EACH WEEK AT 8:00 A.M. ON WDUZ RADIO 1400 AM**

RETURN SERVICE REQUESTED

GRACE LUTHERAN CHURCH  
321 S. MADISON ST.  
GREEN BAY, WI 54301

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